



## Fitness Center at Saint Francis

95 Woodland St., 3rd Floor | Hartford, CT 06105 | 860-714-4414 | [www.mandelljcc.org/stfrancis](http://www.mandelljcc.org/stfrancis)  
 Monday-Thursday, 5am-8pm | Friday, 5am-7pm | Saturday, 7am-12pm

Working in the downtown area? The fully re-vamped Mandell JCC Fitness Center at Saint Francis offers the ideal fitness experience! With 9800 square feet, new equipment, daily group exercise classes and personal training, the Fitness Center meets everyone's needs. We have experienced, educated and certified staff who lead each new member through two free appointments, where we work with you on exercise goals and develop a personal program. We cater specifically to Downtown Hartford and the West End communities, and are also a valuable resource for Saint Francis employees.

### FOR MORE INFORMATION:

**Sara Billings, 860-231-6331**  
**[sbillings@mandelljcc.org](mailto:sbillings@mandelljcc.org)**

### Membership Rates

	Individual	Couple	Family
Regular membership	\$50	\$71	\$82
SF employee (payroll deduct)	\$18	\$26	\$34
SF employee (monthly)	\$39	\$57	\$74
Seniors (65 and older)	\$32	\$48	
Corporate	\$45	\$65	\$75
Resident/student	\$38	\$56	
Short term	\$60		
Post care	\$30		
Registration fee	\$25	\$35	\$45

*\*monthly dues are drafted from a checking account or a major credit card*

## FREE 3-DAY GUEST PASS



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Guest Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Guest Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_