

Salads

Add a scoop of egg salad..... 1.00
 Add a scoop of tuna..... 2.00

Israeli..... 4.95
 Diced tomato, cucumber and red onion, parsley,
 olive oil, lemon juice

Caesar..... 4.95
 Romaine hearts, croutons, Parmesan
 cheese and dressing

Greek..... 6.95
 Romaine, grape tomatoes, cucumber, onion,
 Kalamata olives, feta, Greek vinaigrette

Strawberry Mango..... 6.95
 Mixed greens, sliced strawberries, cubed mango,
 red onion craisins, slivered almonds with a
 balsamic vinaigrette

Sweet Potato..... 6.95
 Romaine, roasted sweet potato, sliced apples, grape tomato,
 cucumber, red onion, candied pecans, with a honey Dijon dressing

Tuna..... 6.95
 Mixed greens, cherry tomato, cucumber, carrots,
 corn, hard boiled egg with a lemon herb vinaigrette

Create your own Salad (Fill out check list)

Small - 5 toppings..... 5.95
 Large - 7 toppings..... 6.95

Soup

Soup of the Day..... Small 3.95 Large 4.95

Hot Drinks

	Small	Medium	Large
Coffee.....	1.55	2.00	2.25
Tea.....	1.30	1.75	2.00

Cold Drinks

Iced Coffee..... 2.00
 Regular, Decaf, Hazelnut, French Vanilla

Soda (Fountain)..... Small 1.50 Large 2.00
 Coke, Diet Coke, Sprite, Fanta, Fuze Iced Tea, Minute Maid Lemonade

Smoothies..... 3.50
 Strawberry, Mango Burst, Caribbean

Frappé..... 3.50
 Carmel Macchiato, Mocha, Vanilla Bean



MENU

860-231-6330



Price includes tax.

Hours and prices subject to change.



Mandell JCC | 335 Bloomfield Ave | West Hartford, CT 06117
 Hours: Monday-Thursday 7:30am-7pm | Friday 7:30am-3pm

All Day Breakfast

Fresh Baked bagels.....	1.00
w/butter.....	1.45
w/cream cheese.....	2.45
w/lox, cream cheese, tomato, onion.....	6.95
w/egg and cheese.....	3.45
French Toast	5.95
w/syrup and fresh fruit	
Breakfast Burrito	6.95
Eggs peppers, onions, potatoes, and cheddar cheese in a flour tortilla	

Eggs (served with toast and mixed greens)

2 Eggs - scrambled or fried.....	3.45	
3 Egg Omelet - choose 2 fillings (.50 each additional) .	6.45	
Onion	Spinach	Premium Fillings:
Mushroom	Fresh Herbs	Feta..... 1.00
Green Pepper	Mozzarella	Nova Lox ... 2.00
Red Pepper	Cheddar	
Tomato	American Cheese	

Greek Omelet	6.95
Tomato, kalamata olives, feta	
Italian Omelet	6.95
Tomato, mozzarella, basil pesto	
New York Omelet	7.45
Nova lox, red onion, tomato	



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Sandwiches

Choice of white, multigrain, rye bread or wrap served with green salad

Egg Salad	4.95
Lettuce, tomato, red onion	
Tuna Salad	5.95
Lettuce, tomato, red onion	
Tuna Melt	6.45
Tomato, choice of cheese	
Roasted Veggie	5.95
seasonal roasted veggies w/ house made hummus	
Grilled Cheese	4.45
Choice of American, mozzarella or cheddar)	
w/tomato.....	4.95

Panini

Choice of white, multigrain, or rye served with a green salad

Pizza Panini	6.95
marinara, mozzarella, and choice of topping	
Portobella	6.95
roasted portobello mushroom, caramelized onion, mozzarella, basil pesto	
Spinach	6.95
baby spinach, roasted garlic, tomato mozzarella	
Eggplant	6.95
breaded eggplant, marinara, mozzarella	

Quesadilla

Choice of white or whole wheat wrap served with sour cream and pico de gallo

Cheese	4.95
Cheddar mozzarella blend	
Spinach & Mushroom	5.95
mozzarella w/Sauteed spinach , mushroom and onions	
Pepper & Onion	5.95
cheddar and mozzarella w/sauteed peppers & onions	

From the Kitchen

Mac & Cheese	6.95
Penne Pasta	
w/butter.....	5.95
with choice of marinara, mushroom cream sauce, or rosé sauce.....	6.95
Baked Ziti	6.95
French Fries	2.00
Seasoned Fries	2.45
Sweet Potato Fries	2.45
Onion Rings	2.45

Pizza

16' Cheese Pizza Pie	15.00
w/2 toppings.....	18.00
mushroom, onion, red or green pepper, spinach, tomato, green or Kalamata olives	
Pizza by the slice	2.00
Topped Slice	2.50

Specialty Pies

Veggie Supreme	18.00
Broccoli, mushroom, peppers, onions, tomato, roasted garlic	
Popeye	18.00
Spinach, ricotta, mozzarella, roasted garlic	
Eggplant Parmesan	18.00
breaded fried eggplant, ricotta	
White Pizza	18.00
mozzarella and ricotta (no sauce)	