

# FREE 3-DAY GUEST PASS



**Fitness Center  
at Saint Francis**

95 Woodland St., 3rd Floor  
Hartford, CT 06105  
860-714-4414  
[www.mandelljcc.org/stfrancis](http://www.mandelljcc.org/stfrancis)

Guest Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Guest Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**SAINT FRANCIS  
EMPLOYEES RECEIVE  
50% OFF REGULAR  
MEMBERSHIP RATES!**



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Monday-Thursday, 5am-8pm | Friday, 5am-7pm | Saturday, 7am-12pm

Walk across the street for your workout. The Mandell JCC Fitness Center at Saint Francis offers the ideal fitness experience! With 9800 square feet, new equipment, daily group exercise classes and personal training, the Fitness Center meets everyone's needs. We have experienced, educated and certified staff who lead each new member through two free appointments, where we work with you on exercise goals and develop a personal program.

**Membership Rate for  
Saint Francis Employees  
Only \$12 (Bi-weekly payroll deduct)**

*\*Saint Francis payroll deduct form required.*

**FOR MORE INFORMATION:**

**Zac Brazalovich, NASM, Personal Trainer | [zac@mandelljcc.org](mailto:zac@mandelljcc.org)**