



Mandell JCC Gym Schedule

January 8 - April 2nd, 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>7:30 am – 11:00 am Adult Pick Up Basketball (18+ yrs)</p> <p>11:00 am – 12:30 pm ½ Family ½ Sports Classes</p> <p>12:30 pm – 1:30 pm GYM CLOSED Maccabi Youth Basketball League</p> <p>1:30 am – 4:00 pm ½ Family ½ Maccabi Youth Basketball League</p> <p>4:00 pm – 6:00 pm ½ Family ½ Open</p> <p>(½ of the Gym may be closed between the hours of 4:00pm and 6:00pm for Birthday Parties. Signs will be posted 1 week in advance)</p>	<p>5:30 am – 7:00 am ½ Open ½ Boot Camp</p> <p>7:00 am - 8:30 am Cardiac Rehab</p> <p>8:30 am – 9:00 am Open</p> <p>9:00 am – 10:00 am ½ Open ½ Boot camp</p> <p>10:00 am – 12:00 pm ½ Open ½ ECC Classes</p> <p>12:00 pm – 12:30 pm Open</p> <p>12:30 pm – 1:30 pm ½ Open ½ Sports Classes</p> <p>1:30 pm – 4:00 pm ½ Family ½ Open</p> <p>4:00 pm – 5:00 pm ½ Sports Classes ½ Open</p> <p>5:00 pm – 5:45 pm ½ Family ½ Open</p> <p>5:45 pm – 10:00 pm Gym Closed Morgan Stanley Basketball League</p>	<p>5:30 am – 10:00 am Open</p> <p>10:00 am – 12:00 pm ½ Open ½ ECC Classes</p> <p>12:00 pm – 4:00 pm Open</p> <p>4:00 pm – 5:00 pm ½ Open ½ Sports Classes</p> <p>5:30 pm – 7:30 pm ½ Family ½ Youth Basketball Practice</p> <p>7:30 pm – 8:30 pm Adult and Teen Drop In Volleyball</p> <p>8:30 pm – 9:30 pm Open</p>	<p>5:30 am – 7:00 am ½ Open ½ Boot Camp</p> <p>7:00 am - 8:30 am Cardiac Rehab</p> <p>8:30 am – 9:00 am Open</p> <p>9:00 am – 10:00 am ½ Open ½ Boot camp</p> <p>10:00 am – 12:00 pm ½ Open ½ ECC Classes</p> <p>12:00 pm – 12:30 pm Open</p> <p>12:30 pm – 1:30 pm ½ Open ½ Sports Classes</p> <p>1:30 pm – 3:00 pm ½ Family ½ Teen</p> <p>3:00 pm – 5:00 pm ½ Open ½ Sports Classes</p> <p>5:00 pm – 5:45 pm ½ Family ½ Open</p> <p>5:45 pm – 10:00 pm Gym Closed Veterans Basketball League</p>	<p>5:30 am – 4:00 pm Open</p> <p>4:00 pm – 5:00 pm ½ Open ½ Kids Korner</p> <p>5:00 pm – 5:30 pm ½ Family ½ Open</p> <p>5:30 pm – 6:30 pm ½ Open ½ Sports Class</p> <p>6:30 pm – 7:30 pm ½ Family ½ Open</p> <p>7:30 pm – 9:30 pm Adult Pick Up Basketball (18+ yrs)</p>	<p>5:30 am – 7:00 am ½ Open ½ Boot Camp</p> <p>7:00 am - 8:30 am Cardiac Rehab</p> <p>8:30 am – 9:00 am Open</p> <p>9:00 am – 10:00 am ½ Open ½ Boot camp</p> <p>10:00 am – 12:00 pm ½ Open ½ ECC Classes</p> <p>12:00 pm – 3:00 pm Adult Pick Up Basketball (18+ yrs)</p> <p>3:00 pm – 4:00 pm ½ Family ½ Sports Classes</p> <p>4:00 pm – 7:30 pm ½ Family ½ Open</p>	<p>7:30 am – 6:00 pm ½ Family ½ Open</p> <p>(½ of the Gym may be closed for Birthday Parties. signs will be posted 1 week in advance)</p>

Schedule subject to change. Adult is anyone 18 and over.
Families are for children and parents
Teen is are children 12 & over.