

# breakfast menu

## PASTRIES

JUMBO BLUEBERRY MUFFIN	.....	\$ 3.00
JUMBO SEASONAL MUFFIN	.....	\$ 3.00
CINNAMON SCONES	.....	\$ 3.00
BANANA NUT BREAD LOAF	.....	\$ 2.50
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## EGGS

EGG SANDWICH English muffin, with or without cheese	.....	\$ 3.50
BREAKFAST EGG WRAP Scrambled eggs, with or without cheese	.....	\$ 3.50
ADD ROASTED VEGETABLES	.....	\$ 3.50

## BAGEL

PLAIN	.....	\$ 1.85
WITH CREAM CHEESE OR BUTTER	.....	\$ 3.00



The Kitchen at Futures Inc., is a division of Futures Inc., A non-profit (501)(c)(3). To learn more, visit [futures-ct.org](http://futures-ct.org)

Please inform our staff if you or anyone in your party has a food allergy. Our products were made in our commercial kitchen that may contain or have come in contact with: peanuts, tree nuts, eggs, milk, wheat, soy, fish, shellfish, or sesame.

## SANDWICHES

### SIGNATURE TUNA WRAP

tuna, mayo, salt & pepper, lettuce, tomato **\$8.00**

### SIGNATURE VEGGIE BURGER AMERICANA

lettuce, tomato, red onion, special sauce, brioche bun, choice of cheese **\$11.00**

### ROASTED VEGETABLE & HUMMUS WRAP

roasted mushrooms, green peppers, red onions, hummus, mixed greens, tomatoes, carrots, balsamic vinaigrette **\$9.00**

### TUNA MELT

tuna, mayo, swiss cheese, tomato, toasted bread of choice **\$10.00**

### QUESADILLA

comes with side of salsa and sour cream

CHEESE | **\$9.00** || CHEESE & ROASTED VEGETABLE | **\$11.00**

### EGG SALAD (sandwich or wrap)

egg salad, lettuce, tomato, choice of bread **\$8.00**

### CHEESE OPTIONS

cheddar, swiss, provolone

### BREAD OPTIONS

marble rye, whole grain, sourdough

## PIZZA

### FLATBREAD PIZZA

marinara, shredded mozzarella, parmesan **\$9.00**

## SALADS

### CLASSIC CAESAR

romaine lettuce with shredded parmesan, topped with croutons and caesar dressing **\$7.00**

### GARDEN SALAD

garden greens, tomato, peppers, carrots, croutons, red onion, balsamic dressing **\$9.00**

### LUNCH COMBO

cup of soup with a side salad OR half sandwich **\$9.00**

## ADD ONS

ROASTED VEGETABLES **\$2.00** || SCOOP OF TUNA OR EGG SALAD **\$2.50**

PICKLE SPEAR **\$.25**

## SNACKS

DEEP RIVER CHIPS **\$2.00** || CANDY **\$1.50** || SEASONAL BAR **\$3.00**

FAMOUS CHOCOLATE CHIP COOKIE **\$2.00** || COOKIE OF THE MONTH **\$2.00**

BROWNIE **\$3.00**

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# beverages

AQUAFINA WATER	.....	\$ 2.00
PELLIGRINO WATER	.....	\$ 2.50
LA CROIX SPARKLING WATER	.....	\$ 2.00
WHOLE MILK & CHOCOLATE MILK	.....	\$ 1.75
COKE, DIET COKE, SPRITE	.....	\$ 2.00
PURE LEAF ICED TEA	.....	\$ 4.00

# to go

SIGNATURE CHOCOLATE CHIP COOKIE DOUGH BUCKET	.....	\$ 22.00
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# coffee & drinks

## DROP COFFEE HOT OR COLD

12 o z	.....	\$ 2.00
16 o z	.....	\$ 2.35
20 o z	.....	\$ 2.75

## ESPRESSO DRINKS

### HOT OR COLD

#### CAPPUCINO

12 o z	.....	\$ 2.75
16 o z	.....	\$ 3.25
20 o z	.....	\$ 3.85

#### LATTE

12 o z	.....	\$ 3.75
16 o z	.....	\$ 4.25
20 o z	.....	\$ 4.75

#### ASSORTED TEAS

12 o z	.....	\$ 2.00
16 o z	.....	\$ 2.35
20 o z	.....	\$ 2.75

WE OFFER WHOLE OR SKIM MILK  
ALMOND MILK +\$.60  
OAT MILK +\$.60



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