




Fitness Center at Saint Francis

MANDELL JCC

95 Woodland St., 3rd Floor | Hartford, CT 06105 | 860-714-4414 | www.mandelljcc.org/stfrancis
 Monday-Thursday: 5:30am-7:00pm | Friday 5:30am-5:00pm | Saturday: 8:00am-12:00pm

The Mandell JCC Fitness Center at Saint Francis offers the ideal fitness experience! With 9800 square feet, new equipment, daily group exercise classes and personal training, the Fitness Center meets everyone's needs. We have experienced, educated and certified staff who lead each new member through two free appointments, where we work with you on exercise goals and develop a personal program. We cater specifically to Downtown Hartford and the West End communities, and are also a valuable resource for Saint Francis employees.

FOR MORE INFORMATION:
 Contact fitness center staff at 860-714-4414,
 or Sharon O'Brien, sobrien@mandelljcc.org

Membership Rates

Registration fee - \$25	
Monthly dues	\$32
Silver Sneakers	No monthly fee
Renew Active	No monthly fee
Students (college)	\$20
Post care	\$30 for 30 days
Corporate rates available	

**monthly dues are drafted from a checking account or a major credit card*

FREE 3-DAY GUEST PASS



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1st _____ 2nd _____ 3rd _____

Guest Name: _____ Date of Birth: _____

Guest Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Signature: _____ Date: _____

I accept full responsibility for my use of any and all apparatus, appliances, facility privilege or service whatsoever, at my own risk. I, and my estate, release and hold harmless the Mandell JCC Fitness Center at Saint Francis, its officers, directors and employees from any damage, claim, loss and liability relating to my death or any other injury which may arise from my participation in any Center program. I agree to abide by the rules and bylaws of the JCC.

Signature: _____

Date: _____