

FREE 3-DAY GUEST PASS



**Fitness Center
at Saint Francis**

95 Woodland St., 3rd Floor
Hartford, CT 06105
860-714-4414
www.mandelljcc.org/stfrancis

1st _____ 2nd _____ 3rd _____

Guest Name: _____ Date of Birth: _____

Guest Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Signature: _____ Date: _____



**SAINT FRANCIS
EMPLOYEES RECEIVE
50% OFF REGULAR
MEMBERSHIP RATES!**



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Monday-Thursday: 5:30am-7:00pm | Friday 5:30am-5:00pm | Saturday: 8:00am-12:00pm

Walk across the street for your workout. The Mandell JCC Fitness Center at Saint Francis offers the ideal fitness experience! With 9800 square feet, new equipment, daily group exercise classes and personal training, the Fitness Center meets everyone's needs. We have experienced, educated and certified staff who lead each new member through two free appointments, where we work with you on exercise goals and develop a personal program.

**Membership Rate for
Saint Francis Employees**

Only \$12 (Bi-weekly payroll deduct)

**Saint Francis payroll deduct form required.*

FOR MORE INFORMATION:

Sharon O'Brien, Community Wellness Director, 860-231-6333, sobrien@mandelljcc.org

I accept full responsibility for my use of any and all apparatus, appliances, facility privilege or service whatsoever, at my own risk. I, and my estate, release and hold harmless the Mandell JCC Fitness Center at Saint Francis, its officers, directors and employees from any damage, claim, loss and liability relating to my death or any other injury which may arise from my participation in any Center program. I agree to abide by the rules and bylaws of the JCC.

Signature: _____

Date: _____